

Quilts of Valour *(copied from their website)*

How We Started

In 2006 a local Edmonton quilter presented quilts to three Canadian Armed Forces members who were recovering in hospital from injuries they received in Afghanistan. It was her way of saying "Thank You" and giving some comfort to these military members. She was not prepared for the impact of meeting these brave young men and learning first hand of their injuries. It made such an impression that it has taken quilter Lezley Zwaal in directions she never imagined. From these humble beginnings Quilts of Valour - Canada was born.

Mission Statement

Our mission is to ensure that injured Canadian Forces members are recognized for their service and commitment to our country. We give this support through the presentation of quilts to comfort our injured past and present Canadian Forces members.

Quilts of Valour - Canada Society Launched

Through the encouragement, support and enthusiasm of quilters, the Quilts of Valour - Canada Society was formed as a registered national charity in 2009.

The Quilts of Valour – Canada Society has presented quilts to thousands of recipients who are coping with injuries both visible and invisible. These quilts are made by volunteer quilters from across the country who wished to show their appreciation to our injured Canadian Armed Forces members, past and present for their bravery and commitment to Canada and its citizens. The quilts come from individuals, groups and guilds, men and women, young people, retired armed forces members themselves and many others with no connection to the military.

Who is Eligible for a Quilt of Valour (QOV)?

To meet the QOV eligibility, Canadian Armed Forces members (veterans and serving members), regular or reserve force, must meet one of the following conditions:

- 1) Have served in a combat or peacekeeping mission including theatres of war. Or
 - 2) Have become ill or injured as a result of their service to Canada, at home or abroad.
- Only veterans who have been Honourably Discharged are eligible to receive a Quilt of Valour.

Please check their website for more information... <https://www.quiltsofvalour.ca/>