

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>March 2018</i>				1	2 Exercise Euchre Darts	3
4	5 Exercise Yoga 7 pm	6	7 Exercise Movie	8	9 Exercise Euchre Darts	10
11	12 Exercise Yoga 7 pm	13 Foot care 8:30 am	14 Exercise	15 Executive meeting	16 Exercise Euchre Darts	17 St Patrick's Dinner
18	19 Exercise Yoga 7 pm	20	21 Exercise Movie	22	23 Exercise General Meeting Euchre Darts	24
25	26 Exercise LA Meets Yoga 7pm	27	28 Exercise	29	30 Good Friday	31

Exercise begins at 9 a.m. Coffee is served each weekday at 10 a.m.

Darts is 7:30 pm Euchre is 1:00 p.m. Movie is 2 pm

Executive meeting is 11 am General meeting is 11 am LA Meets 11 am

St Patrick's Dinner tickets \$23 per person. Call Shirley Morris 613-838-3721.No Tickets at the Door!